

**CHILDREN SUPPORT SERVICES LIMITED:  
MST ESSEX  
KEY INFORMATION**

**14 FEBRUARY 2019**



## MST ESSEX:TIMELINE

Date	Timeline
2011	Discussions about the SIB and feasibility work CSSL formed with 8 investors
2012	Outcomes contract and associated agreements signed off Action for Children appointed as service provider
2013	MST service goes operational in Essex
2014	'A Year in Review' published 50 cases opened, 24 cases completed, 19 young people remaining at home.
2015	'Two years on' event, interim OPM evaluation report, MST Programme Manager role created and appointed.
2016	CSSL staff retention scheme developed and agreed.
2017	OPM evaluation report published.
2018	April – outcomes payment cap reached July – referrals cease, 388 cases opened since inception September – one MST team finishes December – 335 fully completed cases, 35 YP in care. Service closed.
2019	End of project learning events Rees Centre evaluation report
2021	Care outcome tracking ends Final report.

Topic	Data
Total Referrals	458
Family cases opened	388
Family cases closed	388
Family cases completed with a full course of therapy	335
Average length of therapy	4.51 months
Cases without full course of therapy (e.g. due to consent withdrawal, moving away or care placement)	53

Topic	Data
Staffing	2 MST teams with 1.0 wte supervisor and 4.0 wte therapists, and 0.6 BSO. MST programme manager – 04 wte.
Investors	8 investors in CSSL
Investment	£3.1m invested over 5.5 years
Outcome payments (capped)	£7.21m (excl. VAT)
Savings	£17.92m
Care outcome tracking period	30 months from start of MST for each cohort

Topic	Data
Young people remaining at home	91% (353 out of 388 cases)
No. of young people in care – to January 2019	35 (84 cases entered care, 49 left care, leaving 35 in care)
Care proportion (Q22)	10.8 %
Reduction in care placement days	96,513
Offending – number offending prior to MST	45
Offending – number offending during MST	43
Offending – number offending 4 months post MST	32
SDQ scores (n=171 completed parent/carer – pre & post)	See slides

		Very high	High	Slightly raised	Close to average
<b>Pre scores</b>	Number	112	26	20	13
	Percentage	65.5%	15.2%	11.7%	7.6%
<b>Post scores</b>	Number	72	33	21	45
	Percentage	42.1%	19.3%	12.2%	26.3%

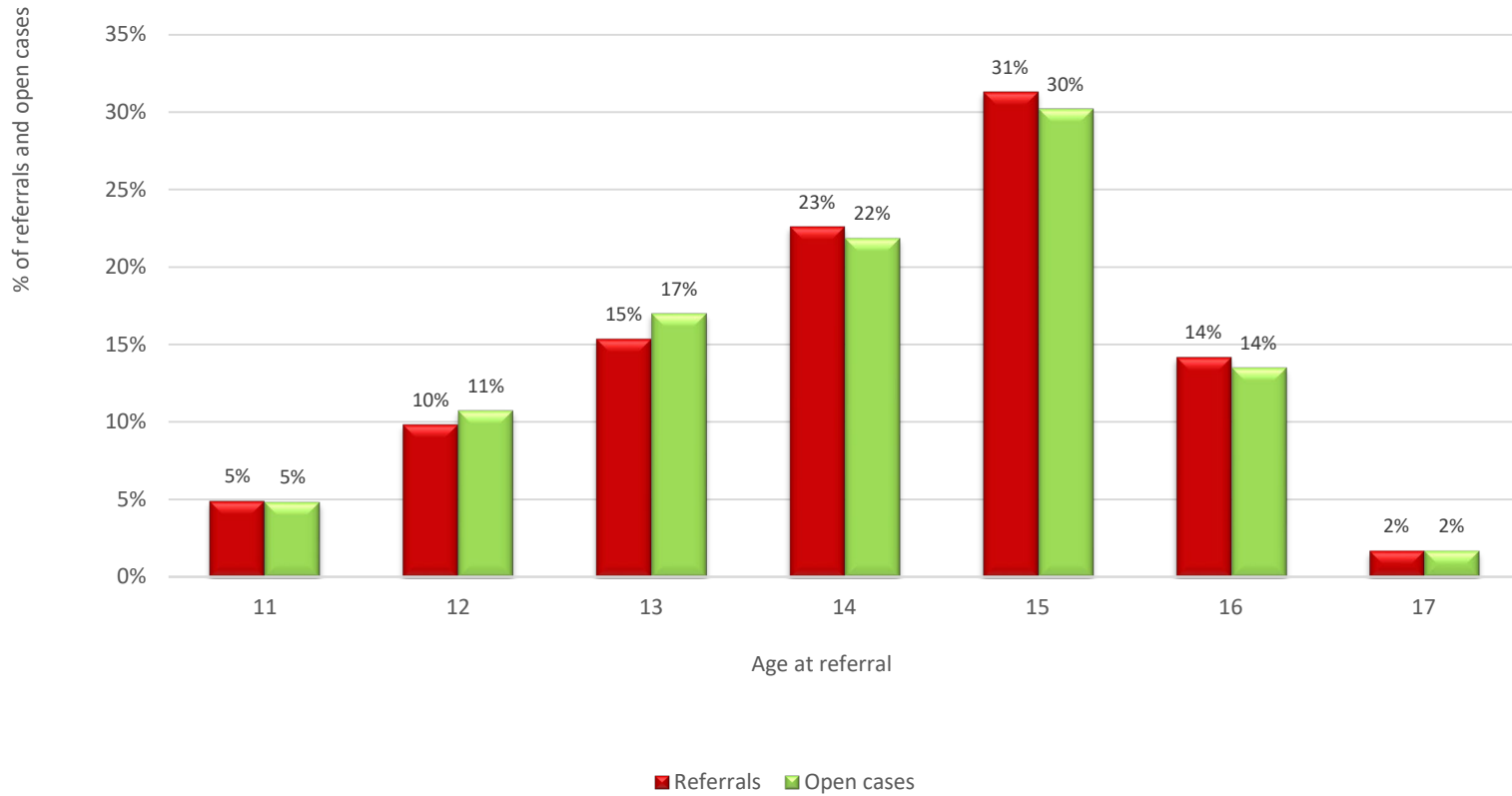
	Mean	Number	Standard deviation
<b>Pre Total SDQ score</b>	22.43	171	6.281
<b>Post Total SDQ score</b>	17.81	171	7.084

The results from SDQ data indicate that, following MST involvement, there is a significant improvement in the difficulties faced by young people. In addition, from the SDQ sub-scales analysis there are marked reductions in conduct problems, problems with peers, and an increase in prosocial behaviours. However, high levels of difficulties remain.

Question	Mean	Mode
1. How satisfied are you with the support you received from your therapist (from 0 'not at all' to 10 'very satisfied')	9.3	10
2. To what extent has MST helped you to deal more effectively with problems that arise in your family (from 0 'MST has not helped at all' to 10 'MST has helped us a lot')	8.4	10
3. How would you rate your child's behaviour at this point in time (from 0 'much worse' to 10 'much better')	6.8	8

The results from this questionnaire indicate that families were highly satisfied with the support they received from MST, and that parents felt that they were able to better manage their child's difficulties. However, the results also indicate that, despite there being some improvements in behaviour, challenges remain.

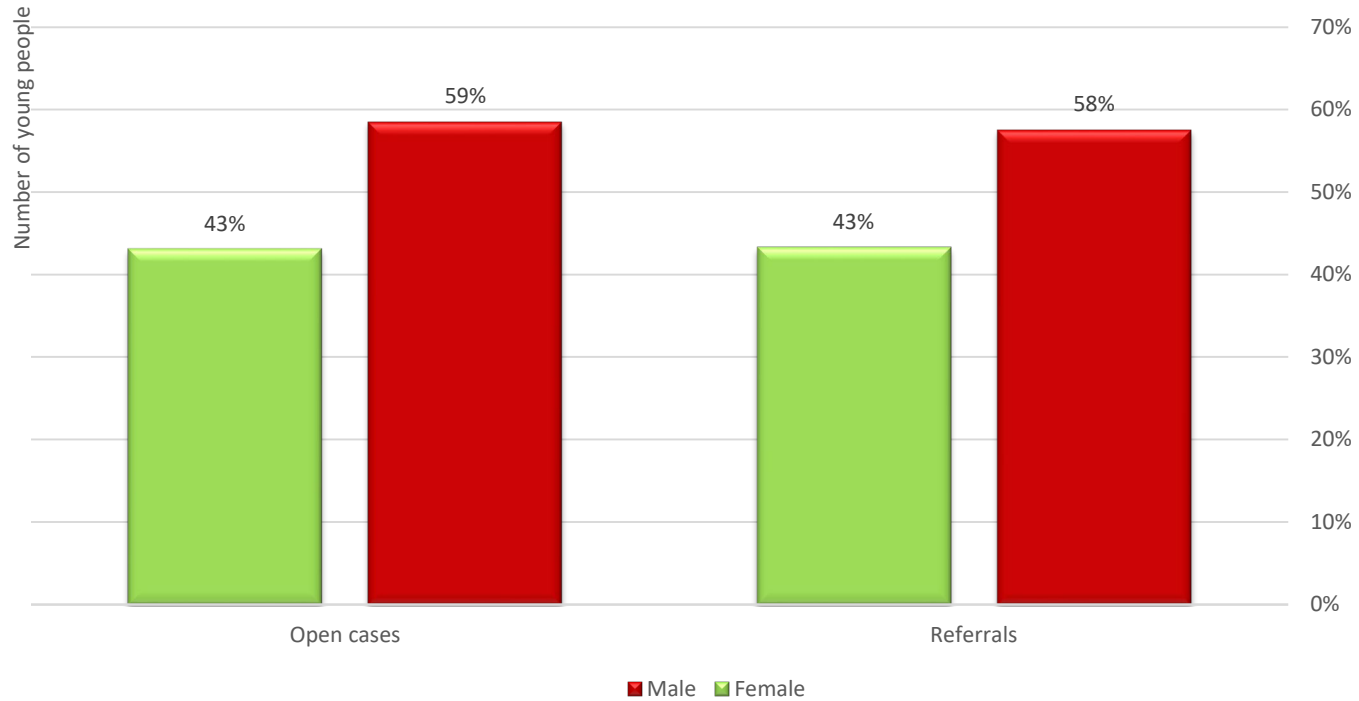
# MST ESSEX: AGE AT REFERRAL







# MST ESSEX: GENDER OF REFERRALS AND CASES





# MST ESSEX: ETHNICITY

